



UNSCRIPTED FORMATS

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BRAND NEW • FACTUAL ENTERTAINMENT



PRIMETIME | VOD | 30 - 60 MINS

MURDER HOUSE FLIP

TRUE CRIME MEETS HOME RENOVATION - EVERY HOME DESERVES A HAPPY ENDING!

For the first time, true crime and home renovation come together in a makeover show with a difference! In *Murder House Flip* we visit homes with a dark past, known for a terrible crime committed within their walls. With the help of two interior design experts, the homes are given a new lease of life, bringing solace to those who live in them and removing the stains of the past - taking them from morbid to marvelous!



PRIMETIME/ACCESS PRIMETIME | 30 - 60 MINS | WEEKLY

FARM TO FEAST: BEST MENU WINS

A COOKERY COMPETITION THAT CHAMPIONS FARM-TO-TABLE COOKING, WHERE VIEWERS ENJOY THE CREATION OF INCREDIBLE DISHES MADE FROM LOCAL INGREDIENTS.

Farm To Feast is a distinctive reality competition where talented, amateur chefs are pitted against each other to create mouth-watering menus that showcase key ingredients and transform them into culinary masterpieces. They'll have to put their knowledge of local produce to the test, to prove their cooking abilities match their ambitious self-designed menus. Living together throughout the competition and set in a beautiful location, they'll have to fight to win over the judges and walk away with the *Farm To Feast* crown.



PRIMETIME/ACCESS PRIMETIME | 60 MINS | DAILY

SECOND CHANCE SALON

PERSONAL HEARTFELT STORIES ARE REVEALED IN THE SALON THAT'S ALL ABOUT FRESH STARTS.

Second Chance Salon is a makeover format for those needing a fresh start. In each episode, we meet our salon customers who share their unique, very personal stories and we witness their outer transformation – all during an appointment in a beauty salon. The hairdressers and stylists listen and react to the stories with great empathy whilst they create a completely new look for their customers each episode. Their new look is symbolic of the new phase in the clients' lives: whether for an upcoming job interview, to celebrate overcoming an illness, or perhaps for some long-overdue self-care. Each customer's story is unique: funny, tragic, beautiful and always touching. At the end of the show, their incredible new look is finally revealed in an emotionally charged moment. Now, their self-confidence is on show for the world to see and they can truly shine. *Second Chance Salon* is a feel-good format that celebrates new beginnings and allows everyday people to share their stories with the world.

BRAND NEW • FACTUAL ENTERTAINMENT



ACCESS PRIMETIME | DAILY | 30 MINS | WEEKLY/DAILY

IS THERE A MISTAKE?

THE QUIZ SHOW THAT'S ALL ABOUT MISTAKES!

BRAND NEW • ENTERTAINMENT

Y'A PAS D'ERREUR?



We all make mistakes, and curiously it's often about the same things: News, music, technology, history, and of course spelling... As humans, we are all unique, but one thing we have in common is that we all make mistakes; errors in spelling or faux pas about news or history. Did you know Rio is not actually the capital of Brazil? In *Is There A Mistake?*, 3 teams of pairs compete to find mistakes hidden in statements across different categories – sounds easy but they'll have to dig deep to find those common mistakes we all make! For each round, once we learn the mistakes, our host's animated sidekick will then be able to suggest tips to avoid repeating those errors, providing take-away insights for the viewers at home. *Is There A Mistake?* is fun to watch and you might even learn something!





ACCESS PRIMETIME | 30 MINS | WEEKLY

FAST FOOD FACE OFF

TWO CELEBRITIES GO HEAD-TO-HEAD IN A COMPETITION TO FIND THE BEST TAKEAWAY IN TOWN.

Fast Food Face Off is a nationwide search to find the best local takeaways your country has to offer. In each episode, the energetic host heads to a different town or city to taste the delights of two top takeaway spots as chosen by two celebrity guests. The celebrities present their picks and get ready to battle, to prove their favourite takeaway is unbeatable. The two takeaway heroes will go head-to-head in three fun rounds that will look at presentation, speed of delivery and of course the all-important taste test. With mouth-watering moments throughout, *Fast Food Face Off* is a taste-tastic food competition that's good enough to eat.



BRAND NEW • FACTUAL ENTERTAINMENT

PRIMETIME | 30 - 60 MINS | WEEKLY

FOOD TRUCK CHALLENGE

THE SEARCH IS ON FOR YOUR NATION'S BEST FOOD TRUCK.

Hosted by an experienced and respected chef, *Food Truck Challenge* tours Festivals around your country's cities, selecting the best of the best in the world of Food Trucks. Accompanied by an assortment of hungry special guests, our host and judge must seek out talent, new trends, and extraordinary food. Those who impress the most will go on to compete in a knock-out competition to reach the grand finale where they will need to pull out all the stops as they battle for a cash prize and to be crowned the winner. *Food Truck Challenge* will take audiences to culinary corners of the nation in the search for exceptional talent and innovative cooking. The chosen contestants must ensure that their dishes not only taste and look incredible, but they must also impress based on the presentation and cleanliness of their trucks, their customer service skills, and their creativity. Expectations are high in this competition format celebrating talent, our cities, and of course, food!





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WHO WANTS TO BE A MILLIONAIRE?

THE WORLD'S MOST SUCCESSFUL GAME SHOW.

It's the show that transformed the fortunes of broadcasters around the world by giving ordinary people the chance to win life-changing sums of money. Cleverly designed to pit general knowledge against human nature, *Who Wants To Be A Millionaire?* is the ultimate test of concentration, strategic thinking, and emotional endurance, as one contestant pushes through a series of multiple choice questions to earn increasing increments of cash. As the questions get harder and the prize money goes up, only the strong will survive as the contestant realizes that the ultimate 'Final Answer' rests on their shoulders alone. With the eyes of a nation upon them, and \$1,000,000 in prize money at stake, can they hold it together? Aired in over 120 countries and produced in over 80 languages, *Who Wants To Be A Millionaire?* is the ultimate evergreen brand that continues to deliver iconic entertainment around the globe.

PRIMETIME/ACCESS PRIMETIME | 30 - 60 MINS | DAILY/WEEKLY



DRAGONS' DEN

THE WORLD'S NUMBER ONE BUSINESS REALITY SHOW.

PRIMETIME | 60 MINS | WEEKLY

In business, it's all about the pitch – that elusive ability of an entrepreneur to stand tall, talk smart, and capture an audience whenever and wherever opportunity knocks. Each week, with big investment dollars on the line, real-life business owners must pitch like a pro under the dead-eyed scrutiny of five self-made business titans, known as 'The Dragons'. Succeed in this high stakes environment and the reward could be life changing, as the aspiring entrepreneur not only secures financing but the prestige of a coveted Dragon as a mentor and partner. Sold in every continent with variations including *Shark Tank* and *Lions' Den*, this multi- award-winning format shows viewers around the world the inspiring stories of hard-working business owners and the transformational power of entrepreneurship.

HIGHLIGHTS • FACTUAL ENTERTAINMENT



RAID THE CAGE

THE PRIZE IS YOURS... IF YOU CAN GET IT OUT OF THE CAGE!

Think fast, talk fast, move fast. These are the secrets to unlocking a giant cage full of premium prizes – all there for the taking if your partner is clever enough to land the general knowledge questions and open the doors to the cage. With up to 90 seconds to haul out as much merchandise as possible, the timer begins as soon as the 'Guesser' makes a correct answer. Their partner, the 'Grabber', must then spring into action, running into the cage and loading up on attainable prizes, making sure to exit before the doors snap shut. But be careful! A wrong answer to a question keeps both players out in the cold, and a shot at a raid is lost forever.

PRIMETIME/ACCESS PRIMETIME | 30 – 60 MINS | DAILY/WEEKLY

HIGHLIGHTS • ENTERTAINMENT



VIEW PROMO 

PRIMETIME/ACCESS PRIMETIME | 30/60/90 MINS | DAILY/WEEKLY

PYRAMID

THE CLASSIC, FAST-PACED GAME OF WORDS AND WIT.

This nine Emmy® Award-winning pop-culture phenomenon sees celebrities and regular people team up to compete against the clock to win a huge cash prize. To get there, contestants must describe words to each other without actually saying the word itself. Whichever team guesses the most words correctly advances to the 'Winner's Circle', where instead of individual words they must describe and guess whole phrases, all without moving their hands! It's these simple rules and the easy play-along that have made *Pyramid* an iconic word association game beloved by family audiences around the world.



18



WINNERS



HIGHLIGHTS • ENTERTAINMENT

THE DATING GAME

LOVE IS BLIND IN THE ORIGINAL DATING FORMAT.

Since its debut in 1965, *The Dating Game* remains one of the leading dating shows of all time, airing in over 25 countries and bringing countless couples and cultures together. This iconic format starts with the wall, dividing the love-struck 'picker' from three potential suitors on the other side. After some cheeky back and forth, but without getting to meet the mates, our hopeful singleton picks a partner and the divider is rolled back – will it be love at first sight, or will this match miss the mark? With a little conversation and a few leading questions, this classic mega-hit puts the fun back into dating!

PRIMETIME/ACCESS PRIMETIME | 30 – 60 MINS | DAILY/WEEKLY

VIEW PROMO 



PRIMETIME/ACCESS PRIMETIME/DAYTIME/LATE NIGHT | 30 - 60 MINS | DAILY/WEEKLY

THE NEWLYWED GAME

THE HONEYMOON IS OVER: ARE THESE NEWLYWEDS REALLY THE PERFECT MATCH?

HIGHLIGHTS • ENTERTAINMENT



The wedding day was a blur, the honeymoon glow is a distant memory, and now, every day begins and ends with the same person. Welcome to married life! Welcome to *The Newlywed Game*. Here, three teams of recent spouses are put on the spot to earn points and prizes - with husbands and wives each asked to predict their partner's answers to a range of questions that are seemingly simple, yet loaded with comedic potential. Humorous double meanings and touchy tempers invariably emerge, keeping *The Newlywed Game* a proven audience favourite.





PRIMETIME/ACCESS PRIMETIME | 30 - 60 MINS | DAILY/WEEKLY

CHAIN REACTION

WHERE WORDS AND WIT COLLIDE.

In a race against the clock, this highly addictive, phrase-driven format demands superior language skills and the ability to think visually across a giant game board – no mean feat for two teams vying to connect four 'chains' of seven words, given only the first and last word in each set. Teams comprised of spouses, co-workers and friends are often stumped, sometimes stuck, but always surprised as they learn who has what it takes to set a true *Chain Reaction* in motion.

VIEW PROMO 



DISTRICT Z

AN ADVENTURE GAMESHOW SET IN AN APOCALYPTIC WORLD FILLED WITH ZOMBIES!

PRIMETIME | 60+ MINS | WEEKLY

District Z is a brand new, ground-breaking, family adventure game show. The doors to *District Z* open at night fall. In each episode, celebrities undertake a series of impressive physical and mental challenges while facing creatures controlled by the mysterious Professor Z. The stakes are high: all night and at every turn they must work together, face their fears and keep themselves safe from the clutches of life-stealing zombies. Each win earns the celebrities keys to safes in the Professor's secret vault, some of which contain gold. In the end game, they will use their hard-won keys to raid the vault and as dawn breaks, we'll discover how much gold their bravery managed to secure for their chosen charity.

VIEW THE SHOW



PRIMETIME | VOD | 30 - 60 MINS | WEEKLY/STRIPPED EVENT

FLINCH

HARROWING & HILARIOUS TESTS AWAIT THE BRAVE, IN THIS PAIN INFLICTING COMEDY GAME SHOW!

Flinch is pain inflicting, tear inducing, bulletproof comedy! Each episode follows 8 contestants as they represent 3 comedic hosts in 3 fiendish games with one simple rule: DO. NOT. FLINCH. Flinches mean consequences. And consequences mean pain for the contestants and points for the host they represent... and that's not a good thing. At the end of the episode the host with the most points will have to face a challenge of their own... THE FORFEIT! *Flinch* has gamified the global phenomenon of the #fail video, making for can't-look-away TV that will have you laughing so hard it hurts!



PRIMETIME/ACCESS PRIMETIME | 60 MINS | DAILY

BATTLE OF THE COUPLES

CELEBRITY COUPLES PUT THEIR RELATIONSHIPS TO THE TEST IN A COMPETITION WHERE ONLY THE STRONGEST WILL WIN.

10 famous couples living in a remote, paradise villa, compete against one another in a fierce competition of strategy and strength. Some of the couples have been together for years, others have only recently fallen in love, but they all have one thing in common; they're convinced that they're made for each other and that their love is indestructible. Each couple is entrusted with a jackpot. The catch? They must survive 10 weeks, fighting against the other couples in physical and mental challenges to avoid elimination. Only one couple will make it to the end and take home the cash prize! Will their relationships survive as the cracks start to show? Can love really conquer all?



HIGHLIGHTS • ENTERTAINMENT



PRIMETIME | 30 - 60 MINS | DAILY

IN SICKNESS & IN HELL

A PRENUPTIAL CHALLENGE LIKE NO OTHER TO FIND OUT IF YOU'RE READY TO MAKE THE ULTIMATE COMMITMENT; FOR BETTER, FOR WORSE; FOR RICHER, FOR POORER; IN SICKNESS AND IN HEALTH HELL!

In Sickness & In Hell sees four couples put their relationships to the test in a 20-day adventure that will make or break them. With no past experience of living in nature, each couple must leave home comforts behind to face isolation in the heart of the jungle and find out if their love for one another is strong enough to survive the elements. They'll be provided with survival boxes along the way to help them manage life in the wild. They must unite and ration supplies to survive in the face of daily challenges. In each episode we also see how they cope when apart for the barter sessions where couples are swapped to trade essential items for their camp. With twists and difficult decisions to make at every turn, will the cracks start to show as the pressure builds? And when all is said and done, who will decide to get married? *In Sickness & In Hell* is the ultimate test of survival, loyalty and the power of love.

HIGHLIGHTS • FACTUAL ENTERTAINMENT



PRIMETIME/ACCESS PRIMETIME | VOD | 30 – 60 MINS | WEEKLY

PRETTY & SINGLE

SIX BEAUTY QUEENS WHO CAN'T FIND MR. RIGHT TAKE OFF THEIR MAKEUP AND GO DATING UNDERCOVER.

These self-proclaimed beauty queens are all obsessed with image, and wouldn't be caught dead in public without a full face of makeup. They also share one thing in common – they're all single. From being judged on their looks by everyone they meet, to a fear of being seen as anything less than perfect, being a beauty queen can make finding love hard. But what would happen if we stripped their carefully constructed image away? In each episode, one of our beauty queens goes undercover in a unique dating experiment – five guys, five dates, no makeup. The men have been specially matched to her, but she can only take one of them to dinner. Will stripping away the mask help her find the man of her dreams? And will it empower her to embrace her natural beauty with confidence?



HIGHLIGHTS • FACTUAL ENTERTAINMENT



PRIMETIME | 60+ MINS | WEEKLY

THE TOURISTS

COMEDIC CELEBRITIES IMMERSE THEMSELVES IN HIGH STAKES JOBS. BUT WILL THEY TAKE IT SERIOUSLY?

Celebrities are taken out of their comfort zones as they explore different industries, challenging themselves to learn something new; they might be caring for animals, training as a stunt-man, a chef or going through the ranks at a police academy! *The Tourists* is about appreciating the work of people in these fields but it's also a competition, and there can only be one winner... For 3 days and 2 nights, our celebrities will be pushed to the max, they will experience first-hand the real-world training that these professions demand, sharing in their troubles and their triumphs. Thrown in at the deep end, no-one knows if they will succeed in their new roles, but laughter and bloopers are guaranteed to keep audiences entertained throughout!



PRIMETIME/DAYTIME | 30 - 60 MINS | WEEKLY

YOU ARE WHAT YOU EAT

CHANGE YOUR DIET, CHANGE YOUR LIFE.

With one knock at the door from a renowned holistic nutritionist, *You Are What You Eat* is changing the conversation on food, helping people upend their damaging diets and commit to a healthier way of life. It starts with an emotional intervention, where the participant undergoes various tests and demonstrations to learn just how bad their eating habits really are. This is followed by the complete food overhaul, and a big lifestyle adjustment, as the participant is challenged to follow a strict healthy eating plan. After eight tough weeks, the nutritionist returns to see if the participant has stuck to their new dietary regime or fallen off the nutritional wagon back into their old junk food ways. With a wealth of essential information on healthy living, and plenty of opportunity to incorporate the latest diet and fitness gadgets, *You Are What You Eat* is the perfect fresh foodie format.

HIGHLIGHTS • FACTUAL ENTERTAINMENT





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ENTERTAINMENT

5 MINUTES TO A FORTUNE

A LITTLE TIME CAN CHANGE EVERYTHING...

2 contestants. 5 challenges. 5 minutes. Plus, a 15-foot-tall hourglass packed with cash towering over the action. In *5 Minutes to A Fortune*, contestants must think and act with laser focus as they race to complete challenges in the allotted five minutes to win the cash – go over their time, and the iconic hourglass turns and the money starts to drain away.

PRIMETIME/ACCESS PRIMETIME/DAYTIME | 30/45/60 MINS | DAILY/WEEKLY



#LOVE

HER LOVE LIFE IS IN YOUR HANDS.

In the age-old search for romance, you always have to be ready to take a chance. Enter *#LOVE* – a live, interactive dating show where contestants can change their luck, and find Mr. Right, by relying on audience recommendations via social media. It's the ultimate test of the unpredictable power of digital age matchmaking and old fashioned intuition, as the woman must decide whom to date based solely on audience reactions to three men she cannot see or hear! Will there be a *#LOVE* connection, or is the single life just as sweet?



PRIMETIME | 30-60 MINS | WEEKLY

ENTERTAINMENT

50-50

IN THIS HIGH STAKES GENERAL KNOWLEDGE QUIZ, THE BIG QUESTION IS: CAN YOU TRUST YOUR TEAMMATE?

The limits of relationships are tested, and tensions run high in this all-or-nothing quiz format, as couples must not only answer rapid fire, timed rounds of 50-50 questions (answer A or B), but anticipate - or override - their partner's choices to predict and lock down final answers for a chance at the escalating cash jackpot. Will they both agree? Or will one partner go rogue and dominate?



PRIMETIME/ACCESS PRIMETIME | 30-60 MINS | WEEKLY

VIEW PROMOS ▶



PRIMETIME | 60 MINS | WEEKLY

BIGHEADS

BIG GAMES, BIG FALLS, BIG LAUGHS, BIG HEADS!

ENTERTAINMENT



Unlike anything you've seen before, *Bigheads* is the hilarious physical game show that pits the world's most recognisable faces against one another. It's boisterous, over the top comedy as each week eight members of the public don larger than life celebrity heads and compete to win a cash prize. To get there, they'll have to successfully navigate a massive arena filled with high-energy, celebrity-inspired games, all whilst trying to balance their enormous heads. As the madness unfolds, the comedy host and game commentators provide lively narration of the *Bigheads* bumping and crashing their way through the course. Can Adele dodge the competition and make it to the end of the speedy red carpet? Or will Donald Trump crush his opponents on the spinning record player? Time will tell in this hysterical family show that brilliantly combines big slapstick humour and witty satire to create viral must-see moments week after week.



Since the earliest days of television, audiences have had a mad love affair with brain-teasing game shows – timeless ratings powerhouses where absolutely anyone has a chance to step out of their ordinary life, win by their wits, and claim a moment in the spotlight. Now, the hugely popular *Brainiest* format takes this to the next level, driven by an exciting search component that takes the action nationwide to find the country’s smartest person from a variety of social and professional groups... Smartest Kid? Teacher? Taxi Driver? Celebrity? The possibilities are endless in this flexible and highly engaging multi-quiz format. For every group, the three-way final round against the clock provides a thrilling climax that has helped make *Brainiest* an international sensation.

BRAINIEST

THE SEARCH FOR THE SMARTEST IS ON!

ENTERTAINMENT



VIEW PROMO

BROMANS

CAN A GROUP OF 21ST CENTURY LADS AND THEIR GIRLFRIENDS SURVIVE LIFE IN ANCIENT ROME?

In this hilarious 'living history' reality show, modern day lads take on the challenge of a lifetime, as they're transported back in time to ancient Rome where they'll live, train and fight like gladiators. Facing grueling physical challenges and possible elimination, they're competing to make it to the prestigious Emperor's Games, where they'll battle for victory. Supporting them along the way are the boys' girlfriends, helping their men in the quest to reach the games and competing in period-themed tasks. Who will be banished from the capital in shame? And who will survive the ancient world and impress the almighty emperor? Through blood, sweat and tears, one worthy couple will emerge triumphant to take home the Emperor's gold!

PRIMETIME | 60 MINS | DAILY/WEEKLY



ENTERTAINMENT

VIEW PROMO





PRIMETIME/ACCESS PRIMETIME/DAYTIME | 30-60 MINS | DAILY/WEEKLY

BREAKAWAY

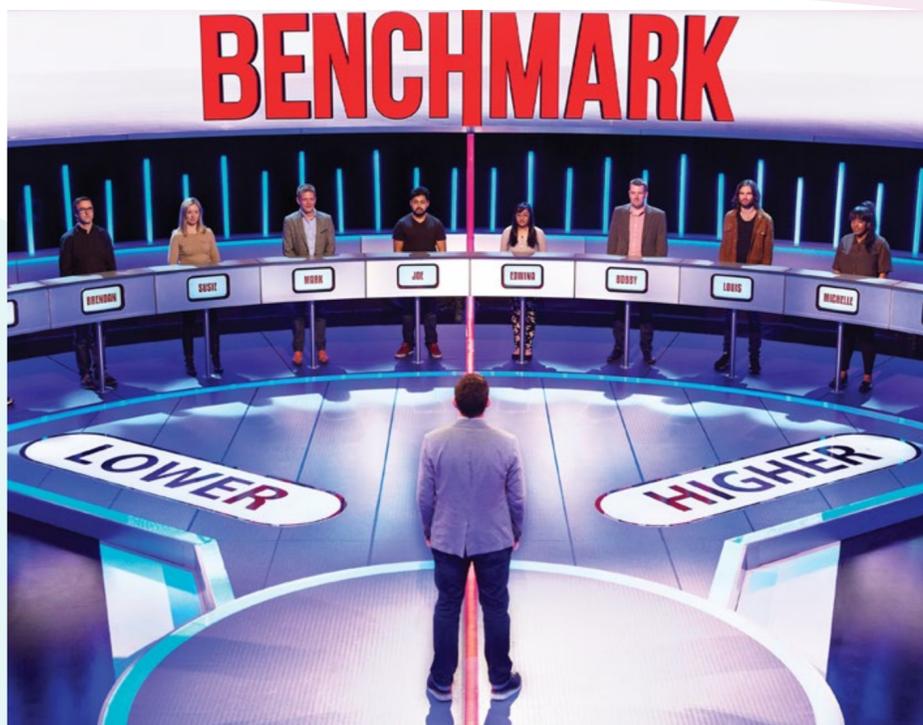
STAY WITH THE GROUP OR TAKE A RISK TO WIN IT ALL.

This is the one where the players might just get played! With six contestants moving together along a giant game track, 25 questions stand between them and a cash prize. But nearby, the 'Breakaway' lane beckons – where every question is worth four times as much money to the rogue contestant who risks it all to play alone. But be careful! Forgo the safety of the group and you could just end up eliminated. *Breakaway* pushes the limits of team play and mental endurance, and begs the question: *Do nice guys finish last?*

BENCHMARK

WHAT IS YOUR OPINION WORTH?

Simple, addictive and filled with genuine humour, *Benchmark* is the quiz show that gets people thinking out loud. A panel of ten 'Benchmarkers' set an average answer for offbeat, comedic questions like 'What percentage of Brits say I love you and don't mean it?' The single contestant must then decide if the correct answer is higher or lower than the benchmark that the panel has set. Benchmark supremacy requires lightning fast wit, and definitive decision making skills.



PRIMETIME/ACCESS PRIMETIME/DAYTIME | 30 - 60 MINUTES | DAILY/WEEKLY



PRIMETIME/DAYTIME | 15 - 30 MINS | DAILY/WEEKLY

DOODLEBUGS

WHERE CLIP SHOW MEETS SKETCH SHOW AND DRAWS A FUNNY FACE ON IT.

A flatulent skyscraper, a greedy lawnmower, a possessed roundabout and a vacuum cleaner that's allergic to cat hair. These are all characters in the brand new sketch show meets clip show – *Doodlebugs* – where we find out that everything has feelings. In each episode comedy characters are found in the unlikeliest of places – from 2 eggs sat inside a microwave to a factory production line manned by robots – with simple animation and comedy voiceover, inanimate objects come to life, turning into living, breathing, comical characters. With one-off clips and returning characters, *Doodlebugs* is side-splitting entertainment that captivates audiences of all ages.

COMEDY KNOCKOUT

COMEDIANS GO HEAD TO HEAD FOR LAUGH SUPREMACY.

Combining the creative flow of nightclub stand up, the stinging punch of a celebrity roast, and the tension of sketch theatre, *Comedy Knockout* delivers non-stop laughs as three of the country's best comedians compete in a series of challenges to be crowned 'The Champ'. Only the best in banter will survive as the audience rates performances and selects their winner. As one performer is crowned, one will be eliminated and one will be forced to face the crowd and apologize for their unfortunate comedy flame-out.



PRIMETIME / LATE NIGHT | 30 MINS | WEEKLY

ENTERTAINMENT

VIEW PROMOS ▶



•30•

ENTERTAINMENT



CAN'T TOUCH THIS

TOUCH IT. WIN IT.

PRIMETIME | 60 MINS | WEEKLY

The game show with one simple rule – if you touch it, you win it! Contestants compete in a circus themed arena full of beautiful prizes that are there for the taking – all they have to do is touch them! Sounds easy, but they'll be up against slippery slopes, bungee ropes and electric shocks that stand in their way. Packed with slapstick comedy, *Can't Touch This* is a hilarious physical gameshow that's perfect for prime-time family viewing.



VIEW PROMO

MAN V FLY | ONE MAN. ONE FLY. ONE MINUTE TO KILL IT.

PRIMETIME/ACCESS PRIMETIME | 3 - 30 MINS | DAILY/WEEKLY

This bold, short-form comedy format is a hit with global audiences in search of action, laughter and... revenge! Since time began, the common fly has been the king of pests, tormenting us at every turn and laughing in the face of swatter-wielding humans. Now, this ancient grudge comes to TV as man and beast are locked in battle in the 'Fly Dome', where one human has just 60 seconds to kill a fly and collect the cash prize. Each contestant can bring their own special technique, equipment and strategy to the fight, but should the fly survive the clock, it gets to fly off to freedom while the player leaves in disgrace.



VIEW PROMO 

HERE COME THE GIRLS

THREE OUTRAGEOUS WOMEN PLAY COMICAL PRANKS ON UNSUSPECTING MEMBERS OF THE PUBLIC.

Introducing three sassy, funny and fearless girls, each with their own wicked sense of humour. These women are equipped with all kinds of outrageous pranks, aimed to confuse and astonish unsuspecting members of the public. In this hilarious hidden camera sketch format, the unflinching trio use their comedy skills to enchant, entertain and enrage, playing up to gender stereotypes and unleashing crazy scenarios with precision timing.



PRIMETIME | 30 - 60 MINS | WEEKLY



PRIMETIME/ACCESS PRIMETIME | 30 - 60 MINS | DAILY/WEEKLY

RUSSIAN ROULETTE

INSPIRED BY THE LEGENDARY GAME OF CHANCE, CONTESTANTS GET A SHOT AT SURVIVAL.

For audiences worldwide, the visual tension underscoring the gameplay in *Russian Roulette* is completely captivating and totally addictive. With five contestants taking their place on giant raised platforms arranged in a circle, each must challenge the other with a series of questions. Incorrect answers result in a pull of the 'Trigger' – a large metal lever which opens a mechanism beneath their feet. In a heart-stopping instant, will contestants fall through the floor into the unknown, or will they get another chance at survival and the cash prize?



PRIMETIME/DAYTIME | 30 MINS | WEEKLY

SPORTS JEOPARDY!

TV'S LEGENDARY QUIZ FORMAT REIMAGINED FOR SPORTS LOVERS.

Since 1974, the multi-Emmy® Award winning quiz challenge, *Jeopardy!* has thrilled global audiences, dominated share, and consistently garnered industry and critical acclaim. Now, the power and reputation of the original format has been reimaged for sports audiences of every persuasion, taking the field in a fresh, fast-paced package that offers competitors the opportunity to advance through the season for a shot at the Championship Grand Prize. It's the ultimate format for sports-loving audiences everywhere.

ENTERTAINMENT

POWER OF 10

IT'S A BIG-CASH GAME OF HIGH-LOW AS THE RESULTS OF QUIRKY NATIONAL SURVEYS ARE REVEALED.

Can contestants really guess where public opinion stands on a variety of off-beat and unusual social and pop culture issues? Do they have the skills to climb the money ladder by predicting the results of large-scale, professional polls, and score a *Power of 10* payday? With everything riding on gut instinct, contestants must correctly guess how respondents would react to intriguing, comedic and wildly offbeat questions such as: 'What percentage of Americans are afraid of circus clowns?' or 'What percentage of people think doctors drink too much?'



PRIMETIME/ACCESS PRIMETIME | 30 MINS | DAILY/WEEKLY

STAND OUT FROM THE CROWD

THE AMBUSH GAME SHOW THAT ASKS - 'WHO WILL BE THE ONE?'

In this game of surprise, a Host appears on a giant screen in a crowded, public area, asking: "Do you want to win \$100,000?" Then, in a classic TV ambush, multiple cameras burst out of hiding and live gameplay begins as one lucky contestant takes part in challenges against the clock, their journey to big money begins - either going it alone, or using the help of the crowd.



PRIMETIME/ACCESS PRIMETIME | 30 - 60 MINS | DAILY/WEEKLY

VIEW PROMOS ▶





RELEASE THE HOUNDS

THE DOGS DON'T KNOW IT'S A GAME.

PRIMETIME/LATE NIGHT | 60 MINS | WEEKLY

This groundbreaking gameshow format has attained worldwide attention for blending high-concept horror genre elements with the sensory thrills of outdoor adventure. Critics and fans alike are chilled and amazed at the boundary-pushing excitement of *Release The Hounds*, the program where three contestants are asked to complete terrifying psychological challenges in a dark, forested country estate for a chance at unlocking a series of chests containing escalating cash prizes. Keeping the cash is easy - if the exhausted contestants can run for their lives in the final stretch, evading a pack of ferocious guard dogs trained to execute precision takedowns on all intruders.



SHOWVILLE

DIRECT FROM HOMETOWN STAGES,
LOCAL TALENTS BREAK BIG.

The *Showville* crew are on their way to towns and villages across the nation - discovering local talent, hidden stars, and the stories behind compelling characters from all walks of life. Singers, dancers, comedians and more take a leap of faith, braving an open-call local audition, hoping to be selected to perform in a competitive talent showcase set to take place in their hometown... in just four days. If chosen, how will these talented locals handle the pressure? Will they be able to step out of their comfort zones and work with the team of expert coaches and stylists to hone their performance and look, and prepare for a shot at a cash prize and national TV exposure? Audiences at home will cheer as they critique performances, back their favourites, and laugh along with some of the eccentric personalities they meet every week in *Showville*.

PRIMETIME | 60 MINS | WEEKLY



VIEW PROMO ▶

VIEW PROMO ▶



PRIMETIME | 60 MINS | WEEKLY

ENTERTAINMENT

STRONG

THE ULTIMATE MIND / BODY
REVOLUTION HAS BEGUN.

Powered by the desire to inspire and help millions of women live better by transforming their physical and mental health, *Strong* has emerged as a fitness reality format unlike any other. Going beyond weight loss, *Strong* focuses on challenge-based achievement and attaining maximum personal potential, as each episode is built around ten women from diverse backgrounds, all eager for change. Divided into teams of two, each team will be partnered with an elite fitness instructor. As they train, gain support, and compete to conquer a series of challenges designed to push everyone to the limit, backstories emerge, weaknesses are revealed, and the deeper human struggle of mind, body and spirit begins.



THE SING-OFF

NEW VOCAL GROUPS RISE UP, TAKING THE WORLD BY STORM.

The worldwide love affair with a cappella groups continues, as endless diversity in range, styles, and personalities connect with fans everywhere. Now, *The Sing Off* creates an all-new forum for undiscovered talent to showcase their best vocals for a chance at the ultimate dream prize: the opportunity to sign a recording contract. Cameras capture every moment of the nail-biting, soul-stirring action. Taken to the breaking point, the competitors sing for survival - taking on unfamiliar material chosen by the judges - and rely on their artistry to master the unexpected and avoid elimination. In the electrifying live final, the remaining groups face judgement from viewer voting until the Grand Prize winner is decided.

PRIMETIME | 60 - 120 MINS | DAILY/WEEKLY



THE BIBLE CHALLENGE

A GAME SHOW OF BIBLICAL PROPORTIONS.

The Bible Challenge is a unique game show about giving rather than receiving. In each episode three teams of three people compete head to head to answer questions based on the world's best-selling book. The questions utilise current as well as historical references and are drawn from the Bible's rich, dense narrative. It's a celebratory, feel good show in which the contestants all share their compelling back stories before playing for money to help support their respective faith communities and charities.

PRIMETIME/ACCESS PRIMETIME | 30 - 60 MINS | WEEKLY

ENTERTAINMENT

THE ODD SQUAD

STICK TOGETHER TO BRING HOME THE BOUNTY.

Teamwork wins the day in *The Odd Squad*, where a group of strangers of all shapes and sizes trek across extreme terrain and navigate challenges engineered to test their fears, physiques and phobias. If they cross the finish line together they'll win an equal share of \$100,001 but for every one that doesn't make it, the jackpot fades away, as each team member has a bounty on their head. The fittest is worth \$1, the fattest is worth \$50,000. It's a mission of self-discovery pushing them to breaking point. Will this unlikely bunch come together and work as a group and can they bring home the bounty?



PRIMETIME | 60 - 90 MINS | DAILY / WEEKLY

VIEW PROMOS ▶



THE FIX

WHO BETTER TO SOLVE THE WORLD'S BIGGEST PROBLEMS THAN THE GLOBE'S FUNNIEST COMEDIANS?

PRIMETIME | 30 MINS | WEEKLY/STRIPPED

Global warming, data hacks and Donald Trump – the state of our planet is enough to make us all cry. But instead of crying, *The Fix* aims to restore faith in humanity and mend the issues of the world with laughter. In each episode, the celebrity-comic host serves up one of the world's most dire problems to the two team captains. The captains, along with each of their guests, discuss the dilemma at hand, consider the facts and must then propose a ridiculous, hilarious---but *plausible*, solution.



THE JOKER'S WILD

THE POP CULTURE PARTY EVERYONE WANTS TO ATTEND!

PRIMETIME/LATE NIGHT | 30-60 MINS | WEEKLY

Led by a legendary entertainment host, and set in a casino complete with a gigantic slot machine and larger than life dice, *The Joker's Wild* merges pop culture and comedy to create a game show with a party atmosphere like no other. Two contestants face off over two rounds, playing the slot machine to answer questions across a variety of comical themes, earning real cash along the way. The lucky contestant with the most money advances to the bonus round, where they'll spin again, trying to avoid the dreaded "devil" and win the grand cash prize. Streetwise questions and problem solving, not just book smarts, rule the floor in this high-energy, irreverent game show format.

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VIEW PROMO 

VIEW PROMO 



ENTERTAINMENT



PRIMETIME | 60 MINS | WEEKLY

THE GONG SHOW

IMPRESS THE JUDGES OR YOUR ACT MIGHT BE GOING, GOING... GONG!

Can these contestants outlast the patience of celebrity judges, make it to the end of their routine, and avoid banishment by the iconic gong? Since 1976, audiences around the world have reveled in the bizarre, the quirky and the downright ridiculous as *The Gong Show* brings to the stage the hilarious, eye-popping acts that can't be seen anywhere else. Bolstered by a star-studded panel of comedic judges, *The Gong Show* stage is a place where everyone has a shot at their moment in the spotlight, and where eternal glory is worth the risk for these adventurous, anything-goes performers.

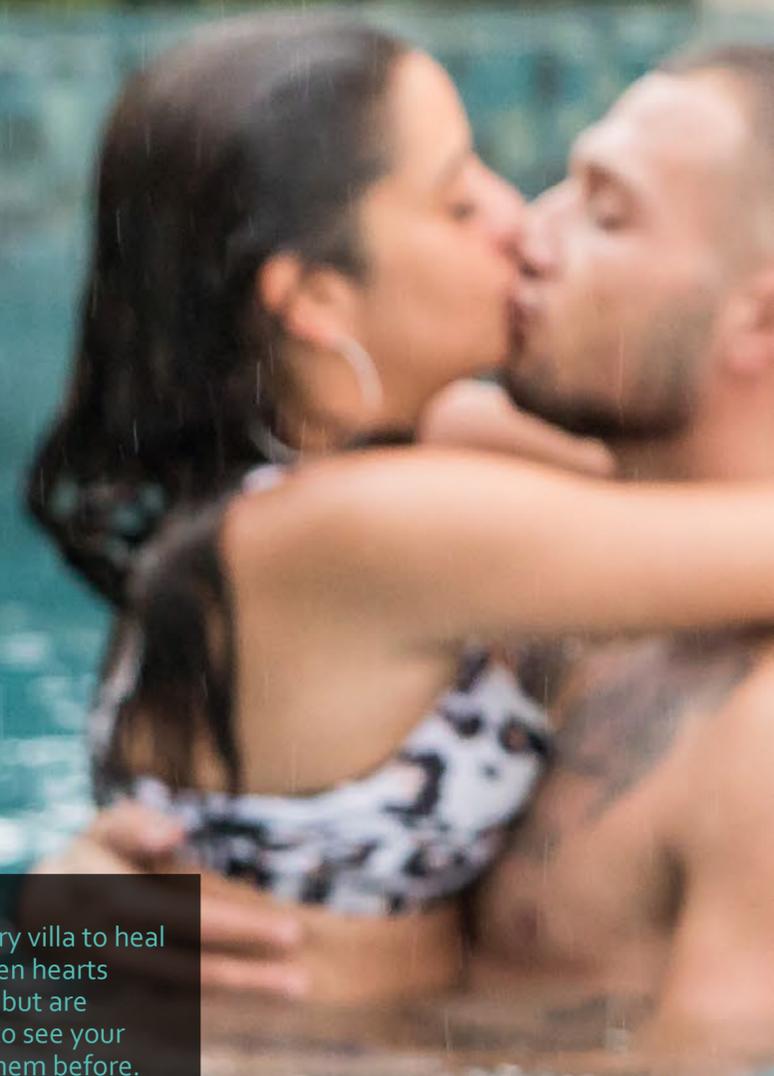


PRIMETIME | 60 MINS | DAILY

THE VILLA OF BROKEN HEARTS

BEAUTIFUL CELEBRITY SINGLETONS WITH BRUISED HEARTS COME TOGETHER IN SEARCH OF HEALING AND TRUE LOVE.

Up to 15 "Broken Hearts" enter a secluded, luxury villa to heal their heartbreak and pursue new love. The broken hearts have all been unlucky in their past relationships but are determined to make a fresh start. Be prepared to see your favourite reality stars... like you've never seen them before. Over the course of the series, the celebrities will share all with viewers as they're forced to confront their pasts and reveal their vulnerabilities. They'll be going on dates and attending parties with other singles as they relearn how to love. Throughout their stay, they are guided by the "Love Coach" who helps them mend their broken hearts and open themselves up to the possibility of new love. Will love triumph in *The Villa of Broken Hearts*?



TIME IS MONEY

THE TIME-SAVING CELEBRITY LIFE HACK SHOW

Ever wished there were more hours in the day? We've got a hack for that! *Time is Money* brings life hacks into the studio for this primetime entertainment format. Each episode, a panel of celebrities take turns to show off their favourite life hacks. Some are silly, some could be considered dangerous, but all are designed to improve our lives. Viewers at home learn the science while the celebrities judge one another's hacks, choosing the best in show – the Star Hack. Meanwhile, in the 2nd studio, our co-host welcomes members of the public who get to share their own hacks. The celebrity panel review them and contestants with the best hacks are invited to the main studio for a chance to try their luck at the Star Hack. Having watched the celebrity, the contestants attempt to replicate the hack in the fastest time to win a prize. *Time is Money* is an energetic studio gameshow that guarantees to save us time in the most entertaining way possible.

PRIMETIME | 60 MINS | WEEKLY



We've all got one. In the back of our mind, a faraway list of luxury goods, home improvements, or an extravagant holiday we can only dream of. *Win Your Wish List* gives ordinary families and friends a once in a lifetime opportunity to win their very own Wish List. To secure their most wanted prizes the contestants must play six fast-paced rounds of questions and games that culminate in a high stakes finale where they'll have the chance to win the Star Prize – a holiday of a lifetime! In each round, chosen contestants take part, while the others cheer them on from the sofa. Tensions build as the vast studio floor comes alive in light and motion, illuminating a giant red and green game board. Only correct answers and smart moves can keep the players in the green, and prevent prize selections and dreams from disappearing into the red.

WIN YOUR WISHLIST

ALL THAT STANDS BETWEEN YOU AND YOUR DREAMS... IS THE FLOOR.

VIEW PROMO ▶

PRIMETIME/ACCESS PRIMETIME | 60 MINS | DAILY/WEEKLY

ENTERTAINMENT





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Alone At Home is the ultimate test of parenting, where kids are given a unique opportunity - four days alone at home with no parents and absolutely no rules! They'll have to feed themselves, run their household, get themselves to school - if they choose to go. Will the kids descend into chaos or step up and impress? And what will the parents learn? How will this change family life and most importantly will the house still be standing?

PRIMETIME | 60 MINS | WEEKLY

ALONE AT HOME

IS MODERN PARENTING FAILING TO PREPARE OUR CHILDREN FOR ADULTHOOD?

FACTUAL ENTERTAINMENT



VIEW PROMO ▶

FACTUAL ENTERTAINMENT



PRIMETIME/ACCESS | 30 - 60 MINS | STRIPPED DAYTIME/WEEKLY

CALL THAT HARD WORK?

YOU THINK YOUR JOB IS HARD? YOU HAVEN'T SEEN ANYTHING YET!

A funny, fast-paced peer review show for your nation's jobs. A group of strangers who are passionate and proud of what they do for a living, spend a day doing one another's work to find out whose really is the toughest. Deliberately cast across diverse work places, contestants are immersed in a real day of tasks. At the end of the show, they vote and the person with the hardest job receives a cash bonus! It's warm and relatable giving viewers a fascinating window into a variety of essential professions that keep the nation running.





PRIMETIME | 60 MINS | DAILY/WEEKLY

CARE SHARE

IS INTERGENERATIONAL CARE THE WAY OF THE FUTURE?

Care Share is a heart-warming factual show that brings toddlers and the elderly together for a transformative social experiment. For three days, toddlers swap daycare for a trip to an elderly home and the chance to meet new friends at the opposite end of the age spectrum. Under the watchful eye of a team of psychologists, who have designed fun activities to bridge the generational gap and uncover common ground, we watch the two groups interact. Will the elderly re-discover old parenting and nurturing skills? Can the toddlers fast-track their development and confidence? And what can these two generations learn from each other? Through the tears and laughter, we discover that they may have more in common than we think, and 'intergenerational care' could just be the way of the future. Three days, two generations, one experience... Can the secret to good care really be as easy as one, two, three?

PRIMETIME | 30 - 60 MINS | WEEKLY

CELEBRITY SNOOP PETS

TV'S FIRST ALL-ACCESS TOUR OF CELEBRITY HOMES, FILMED BY THEIR DOGS! BUT WHO'S THE OWNER?



In this hilarious new take on the classic celebrity house snoop show, we welcome some very special new crew members... animals! Our favourite stars' pets are fitted with cameras, ready to give viewers a pets'-eyed-view of their famous owners' stylish homes. With the help of some tongue-in-cheek commentary on the celebs' interior design by a comedy voice-over, our pampered pets leave no room unexplored on their misguided tour. Viewers play along in a guessing game to work out who the pet's owner is from deliberate clues around the house. In the studio version of the show, the celebs watch the snooping together, guessing along with viewers. In an added twist, one of the celebs is a decoy whose home is not featured... will they successfully throw the others off the scent?!





PRIMETIME | 30 - 60 MINS | DAILY/WEEKLY

GOODBYE HOUSE | WHERE HOME AND HEART COLLIDE.

Goodbye House is a heart-warming celebration of a beloved home and the emotional journey of moving to a new house. Each episode features one story of a person or family ready to leave their home for a fresh start, but who will pick their new house? It will be the task of 3 friends or family members who will each pick a house they think is perfect for our contributor. Things will get competitive as the homes are presented for selection. After seeing all the options, it's up to the contributor to make the final call, deliberating carefully before selecting one they will call home. It may sound easy but saying goodbye to a house full of memories is always harder than it looks. *Goodbye House* is a competitive property show with an emotional aim at its heart; it tells the stories of the houses we've formed memories in over the years, and reveals who in our lives knows us best.



VIEW PROMO

PRIMETIME/ACCESS PRIMETIME | 60 MINS | WEEKLY

MILLION POUND MENU

RESTAURANT HOPEFULS BATTLE FOR A LIFE-CHANGING INVESTMENT.

Million Pound Menu gives the world's brightest new food talent the chance to bring their restaurant idea to life - but the pressure will be on as they serve up the most important meal of their lives - when the investors come to dinner. Each episode, three budding restaurateurs with a great new idea create their delicious signature dish for potential investors - but only the most promising will be selected. Now they've got just two days to prove that their food, service and business plan is worth big money. After 48 high pressure hours, have they done enough to secure the money to make their restaurant dreams come true? With mouth-watering food at every turn, *Million Pound Menu* gives the next generation of restaurateurs a life-changing opportunity.



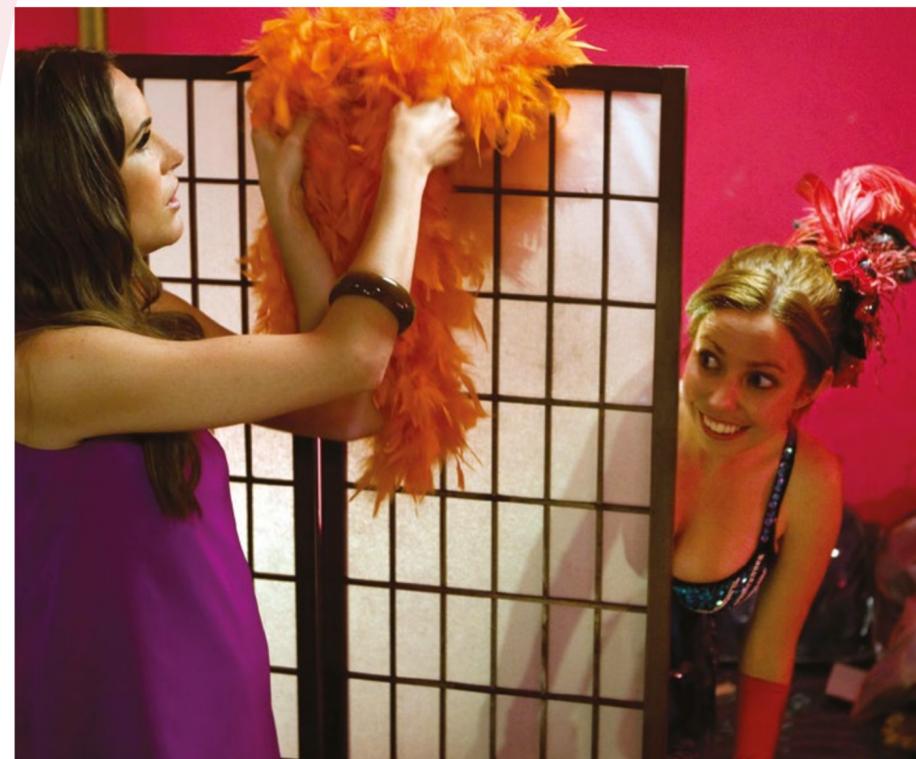


PRIMETIME/ACCESS PRIMETIME | 60 MINS | WEEKLY

INTERIOR RIVALRY

AN EYE FOR STYLE AND A HEAD FOR BUSINESS ARE KEY TO WINNING THIS HOME DESIGN CHALLENGE.

Twelve would-be interior designers compete to win a £50,000 prize package to help set up their own home staging business. Under the eagle eye of an interior design guru and guest experts, contestants work hard to transform living rooms, kitchens, gardens and finally whole houses on the tightest of budgets. The stakes are high and to stand a chance of winning they must prove they have not only first class design skills but the drive, determination and business acumen to win clients and create a new business. There will be tears, tantrums and triumphs, but only one person is good enough to win.



PRIMETIME/ACCESS PRIMETIME | 60 MINS | WEEKLY

PLAIN JANE

CAN A FRUMP-TO-FABULOUS MAKEOVER WIN THE HEART OF A SECRET CRUSH?

Life doesn't promise storybook endings, but it can't hurt to have a Celebrity Stylist Fairy Godmother to help things along, transforming everyday women into confident, polished knockouts, ready to win the hearts of their secret crushes. Each week the audiences meet a young woman who will reveal to the Fairy Godmother (and the audience at home) the identity of their secret crush who will have no idea that they are the object of affection. After motivational challenges and a head-to-toe makeover, our 'Jane' heads to a blind date with the crush so that she can declare her feelings in style. With fingers crossed, audiences will be cheering for a love connection for our newly transformed woman and the man of her dreams.

MODEL BUILDER

A SEARCH FOR THE NATION'S BEST-LOOKING BUILDER.

Building sites are probably the last place you would go to scout for modelling talent, but new reality TV series *Model Builder* does exactly that. Move over *Next Top Model*, this light-hearted and fun-filled competition goes in search of sexy builders to strut their stuff on the catwalk... Our host scouts 14 of the nation's hottest builders to vie for the crown of *Model Builder*. Over the course of the series, the contestants take on both building and modelling challenges to see who succeeds both on the scaffold and the catwalk.

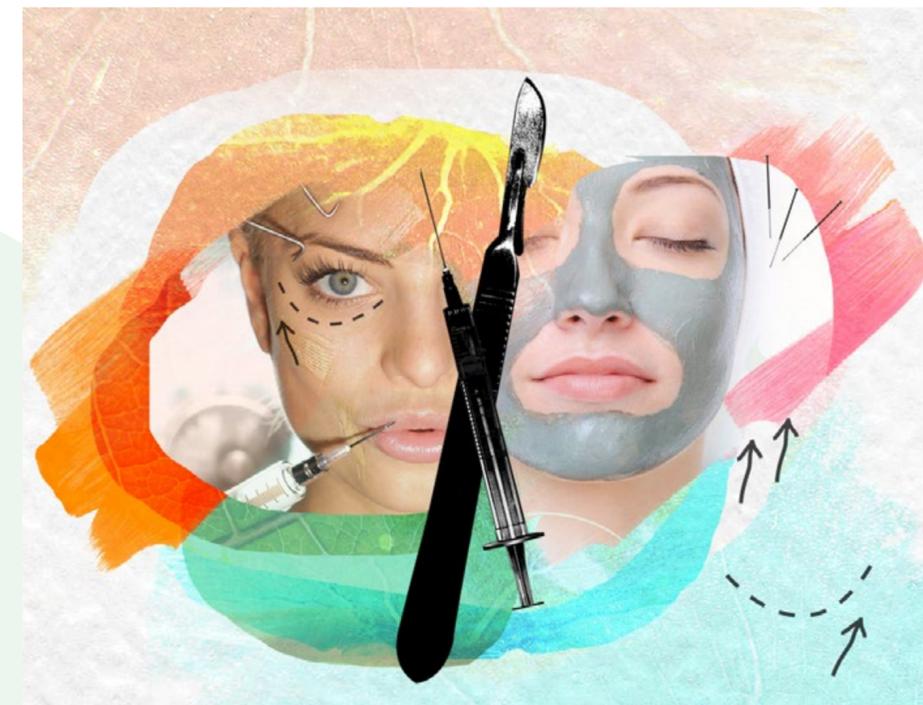


PRIMETIME | 30 MINS | WEEKLY

SAY NO TO THE KNIFE

AN UGLY DUCKLING CAN BECOME A BEAUTIFUL SWAN, WITHOUT A NIP OR A TUCK.

Say No To The Knife persuades those, committed to going under the knife, an alternative can be found. A psychologist and stylist follow contributors' journeys from the moment they sign up for surgery to the moment they're confronted with their new image, without having undergone a nip or tuck. With assistance of top hair, fashion and make-up artists, contestants will have their minds and looks transformed without going under the knife.



PRIMETIME/ACCESS PRIMETIME | 60 MINS | WEEKLY

FACTUAL ENTERTAINMENT



FACTUAL ENTERTAINMENT



PRIMETIME | 60 MINS | DAILY

MUMS: FAMOUS & UNFILTERED

TAKING VIEWERS BEHIND THE SCENES OF YOUR NATION'S FAVOURITE REALITY STARS, MUMS: FAMOUS & UNFILTERED PROVIDES AN UPLIFTING AND NEVER-BEFORE-SEEN LOOK AT WHAT IT TAKES TO BE A SOCIAL MEDIA STAR AND A FULL-TIME MUM.

Viewers may think they know them from their glamorous daily posts, but now they'll have the chance to discover another side to their favourite celebrities. *Mums: Famous & Unfiltered* provides a relatable look at how these women balance their career, children and relationships. This reality format reveals the authentic unfiltered journey and challenges these famous mothers face: from tantrums, night-feeds and home schooling, through to the photoshoots and business meetings, no part of their life is off limits! Delving deep into their stories, these mothers are doing their best to 'have it all', even if they don't always get it right. They might be known for sharing their lives with the world, but this all-access format proves they're just like you and me!

VIEW PROMO

IN SOLITARY: THE ANTI-SOCIAL EXPERIMENT

3 PEOPLE. 3 PODS. 5 DAYS IN TOTAL ISOLATION. HOW LONG WOULD YOU LAST?

PRIMETIME | 60 MINS | WEEKLY

VIEW PROMO ▶

In a world of smart phones and social media, crowded commutes and overflowing schedules, when was the last time you were truly alone? *In Solitary* is the ultimate anti-social experiment, designed to test the limits of our ability to be completely on our own. Three people from different backgrounds step into separate solitary pods, where they endure five days in total isolation. They're given everything they need to survive, but they can't have any contact with the outside world. How long will they last? Time will tell in this nail-biting format that pits us against our ultimate friend or foe: our own mind.



FACTUAL ENTERTAINMENT



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VIEW PROMO ▶

HOW LONG WILL THEY LAST?



PRIMETIME | 60 - 90 MINS | DAILY/WEEKLY

CELEBS IN SOLITARY

4 CELEBS. 4 PODS. 5 DAYS IN TOTAL ISOLATION. HOW LONG WILL THEY LAST?

We saw members of the public take on the hardest five days of their lives – now it's time for the Celebrity Experiment. Four celebrities volunteer to disconnect from their privileged real lives to see if they can last for five days in total isolation. How will famous people, used to persistent daily interactions with their fans, react when the followers, likes and viewers just stop? Who will crack and who will thrive under pressure? And what will they learn about themselves?



SECRET BODY

WANT TO LOSE WEIGHT?
KEEP YOUR MOUTH SHUT!

PRIMETIME | 60 MINS | WEEKLY

Research has shown that keeping your diet a secret makes you more likely to succeed. *Secret Body* is the world's first undercover weight-loss show. In each self-contained episode we see two contributors eating and living better... in secret. All this is preparation for a significant life event; be it a graduation, a reunion or even a wedding. They hide their progress from friends and family in plain sight with the help of a specially designed 'body suit', crafted by cinema's finest costume designers. After 12 weeks of hard work, it's time to reveal their dramatic transformation to their loved ones at their significant life event. *Secret Body* changes lives and empowers both contributors and viewers. It is emotional, relatable and inspirational viewing.





PRIMETIME/ACCESS PRIMETIME/LATE NIGHT | 30 - 60 MINS | DAILY/WEEKLY

SUPERSIZERS GO

WITH MENUS RIPPED FROM THE PAGES OF HISTORY, CAN A MODERN COUPLE EAT AND DRINK THEIR WAY THROUGH THE CENTURIES?

In this living history format, our Hosts the 'Supersizers' embark on a one-of-a-kind social experiment, revealing the cultural and physical impact of a variety of food trends throughout the ages. From the massive feasts consumed by the aristocracy, to the stomach-churning ingredients relied on by the poor, *Supersizers Go* journeys from Ancient Rome, through the middle ages, right up to the late 20th century, with our Hosts dressing, behaving and eating according to the standards of the time. *Supersizers Go* is a fascinating, and often hilarious look at the human story of status, survival, and food culture.

FACTUAL ENTERTAINMENT



PRIMETIME | 60 - 180 MINS | WEEKLY/SPECIAL

THE BIG DECISION

THE BUSINESS KNIGHT THAT COULD SAVE THE DAY FOR A FAILING COMPANY.

A top tycoon visits three failing companies and decides whether to save any or all of them from going bust. Without his cash – and expertise – they'll all be shut down within weeks and with the bankruptcy will come painful redundancies for the staff. But the knight in shining armour is no fool, and he'll only part with his cash if the company bosses can make a compelling case to work their way out of current difficulties and build a new business from the ashes of the old one. *The Big Decision* – a dramatic tale of business life and death.

THE BRIEFCASE

CASH VS. CONSCIENCE: WOULD YOU CHANGE SOMEONE ELSE'S LIFE OR YOUR OWN?

The Briefcase introduces us to two families in need, each are presented with a case containing \$101,000 in cash, and granted the power to make one fateful choice: Keep all the money for themselves? Keep some of it? Or give it all away to a family less fortunate? Each have 72 hours to learn about the other's circumstances and decide... BUT, each family is unaware that the other has also been given money, and faces the same difficult decision... Will goodwill and generosity prevail?



PRIMETIME/DAYTIME | 30 - 60 MINS | WEEKLY/DAILY

THE BIG ALLOTMENT CHALLENGE

AMATEUR GARDENERS COMPETE IN A CLASSIC 'GROW. MAKE. EAT.' CHALLENGE.

Dedicated amateur kitchen gardeners put their skills to the horticulture test, competing to see who can grow the best garden. Captured over one crucial growing season, this seed-to-table journey demands not only careful planning, but the good sense and nerve to master all weather conditions, oversee organic pest control, and artfully deliver the finest fruit, veg, flowers and herbs through a series of challenges. Can our teams impress the judging panel? Elimination looms after each episode, and only one pair of gardeners will emerge victorious.



PRIMETIME | 60 MINS | DAILY/WEEKLY

VIEW PROMOS ▶



THE DR. OZ SHOW

THE WORLD'S FAVOURITE DOCTOR IS IN.

A household name around the world, the charming and compassionate Dr. Oz is known and trusted by millions for his intelligent straight-talk style, warm personality, and dedication to promoting wellness and lifelong learning. Now those principles are brought to viewers around the world with *The Dr. Oz Show* format, which features expert and celebrity health-based interviews, immersive audience participation, and rich Q&A segments, all geared to enhance our well-being. From investigating the latest trends in nutrition, to busting myths about mental health - and everything in between - *The Dr. Oz Show* answers all your burning health questions in a fun, friendly atmosphere.

ACCESS PRIMETIME/DAYTIME | 60 MINS | DAILY/WEEKLY



FACTUAL ENTERTAINMENT

VIEW PROMO



ACCESS PRIMETIME/DAYTIME | 60 MINS | DAILY/WEEKLY

THE NATE BERKUS SHOW

LIFE BY DESIGN.

Modern American Interior Designer, Author and Lifestyle Expert, Nate Berkus first came to television as a regular guest on *The Oprah Winfrey Show*. Both the audience, and Oprah herself, were drawn to his engaging personality, natural eye for classic quality, and his inclusive philosophy on living with style in all we do - no matter how big or small the project or budget. Now, in his own series, *The Nate Berkus Show* brings these principles to life, offering inspiration, encouragement, and how-to on everything from practical home décor to improved room function and organization, as well as personal stories of discovery and empowerment.

VIEW PROMO

THE WILD GOURMETS

FIVE-STAR CUISINE THAT IS COLLECTED, KILLED AND COOKED IN THE WILD.

The best things in life are free – and delicious – in this extreme cuisine format, as the ingredients for restaurant dishes are caught, killed, and collected in the wild – then cooked to perfection on the spot. An adventurer, who's an expert in survival techniques, and a chef, tour the countryside, living outdoors with no home comforts. *The Wild Gourmets* show us how 'free' food that's waiting to be found in fields, rivers and hedgerows can become a five-star feast.

PRIMETIME | 30-60 MINS | WEEKLY



FACTUAL ENTERTAINMENT

VIEW PROMO



PRIMETIME | 30 - 60 MINS | DAILY/WEEKLY

TURN BACK YOUR BODY CLOCK

CAN PARTICIPANTS CHANGE THEIR UNHEALTHY WAYS AND LIVE LONGER?

Old habits die hard when it comes to chasing that elusive healthy lifestyle. But that doesn't mean it's too late! In *Turn Back Your Body Clock*, participants are given a shocking, emotional estimate of when they will die based on current lifestyle factors. It's then up to them to follow a strict life-saving regime of diet and exercise, prescribed by the nation's top medical experts, to get back on track and roll back the years.



VIEW PROMO



SONY
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TELEVISION

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